

# Food Allergy Management at Churchill Park School



At differing times we have children attending Churchill Park School with allergies, the most common being peanuts, tree nuts, dairy, fish, shell fish and bee stings.

Allergic reactions can be so severe that they may be life threatening and **PROMPT EMERGENCY TREATMENT IS REQUIRED.**

At Churchill Park School, we aim to work in partnership with families to provide a safe environment for children with food challenges through education and awareness. We follow the Australasian Society of Clinical Immunology and Allergy (ASCIA) research guidelines for avoiding food anaphylaxis in schools. Specialists in NZ and Australia have developed guidelines with the child in mind, as some of these allergies will be lifelong. For more information, please see the Allergy NZ Website ([www.allergy.org.nz](http://www.allergy.org.nz))

Some key strategies that will minimise the risk of accidental ingestion of food allergens are listed below. For school age children with an allergy, an essential step is to develop strategies for avoidance in the wider community as well as at school.

## **Measures Taken to Ensure Safe Eating Practices for food allergic children:**

- **In our Junior classes,** we request that children do not bring whole nuts and peanut butter sandwiches
- No sharing or trading of food, drink bottles or eating utensils
- We encourage clearly named lunch boxes, eating utensils and drink bottles
- Children with food allergies only eat lunches and snacks that have been prepared at home or provided by parents as appropriate foods

Be mindful, however, that even the best-intentioned people can forget. Therefore, it is better to focus on the above measures

We thank you for your support

Please do not hesitate to contact us if you have any concerns regarding any of these matters.